

# Дії в до

**Рух**



# ОЗОРНО

# БОЙОВИЙ

**3 уступом**



# МУ ВІДД

# ПОРЯДОК

"Т" - подіб



# ПЛЕННІ

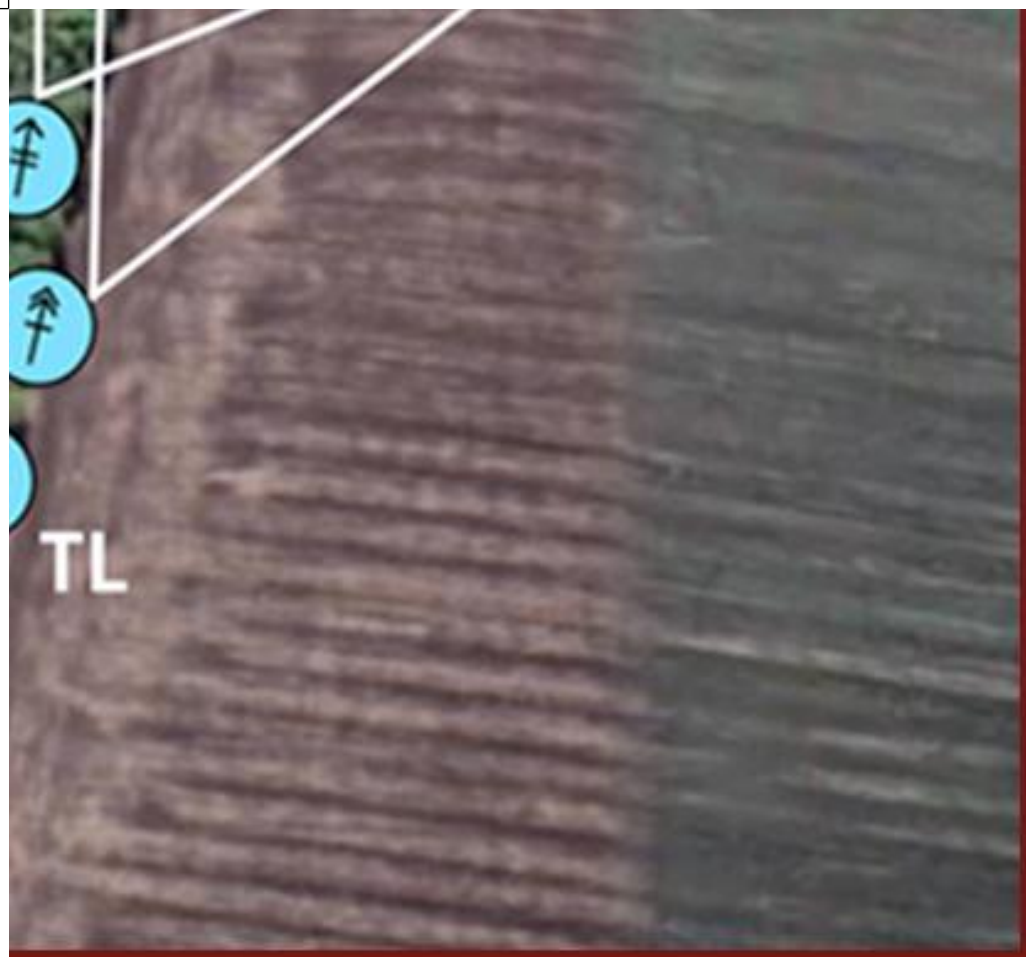
НИЙ





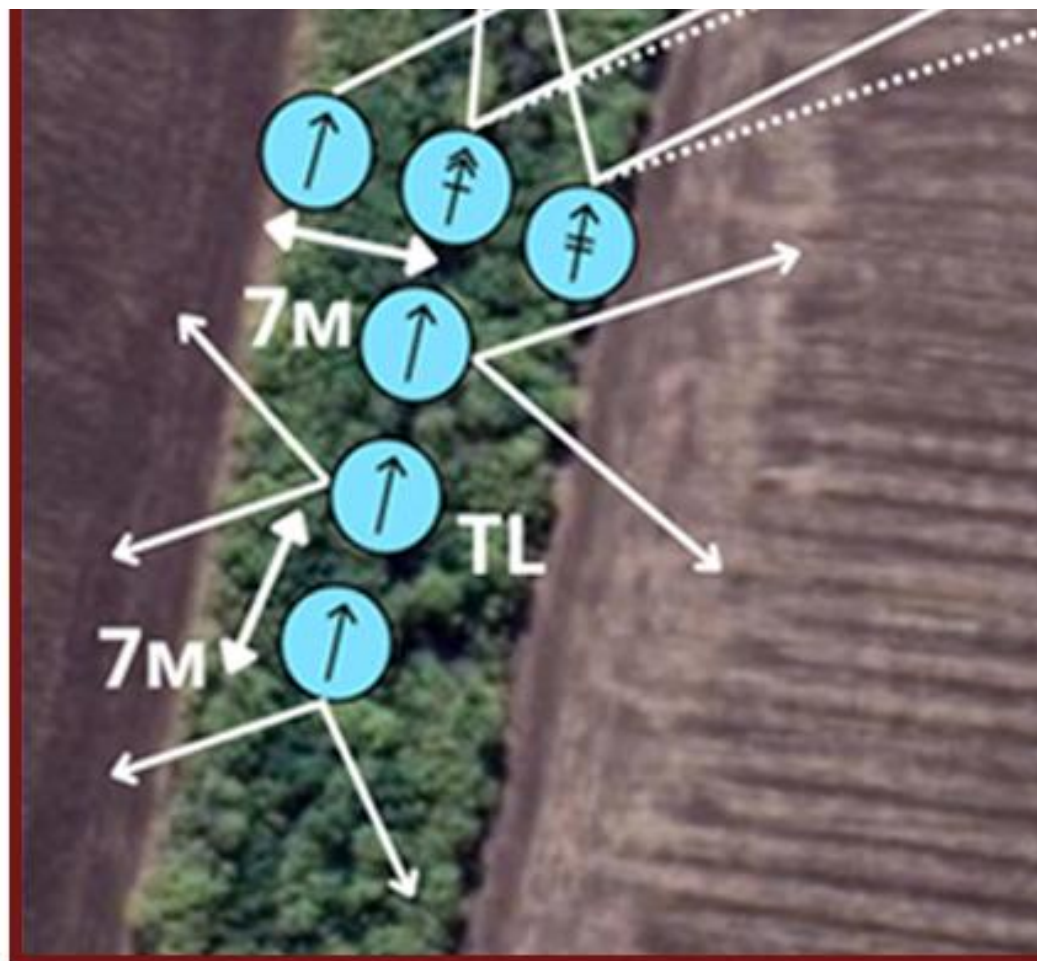
"L".





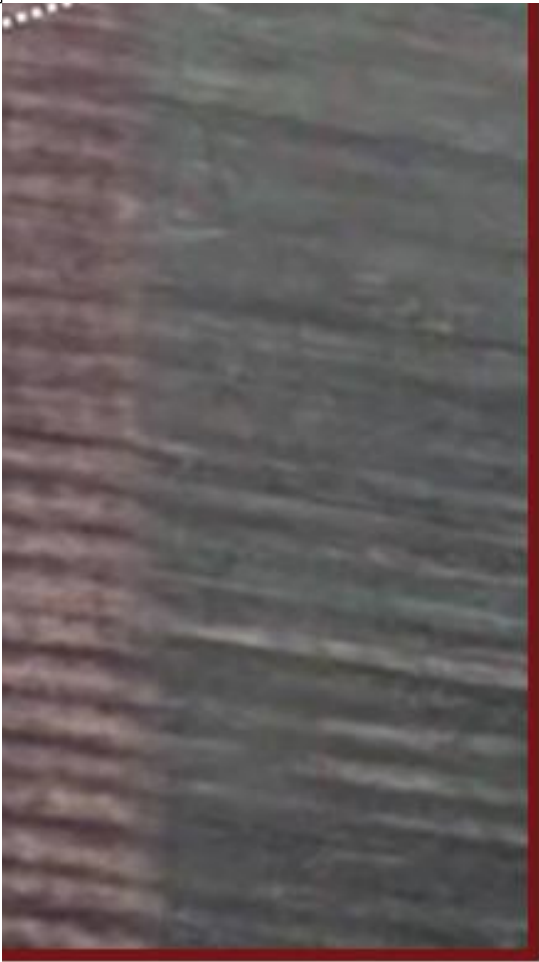
**- подібний**





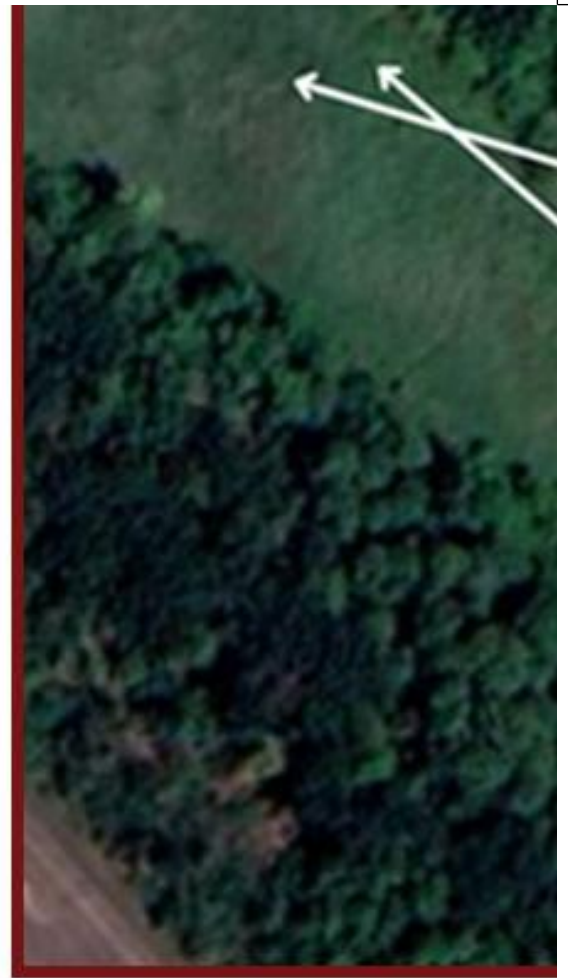
## Рух "клино"





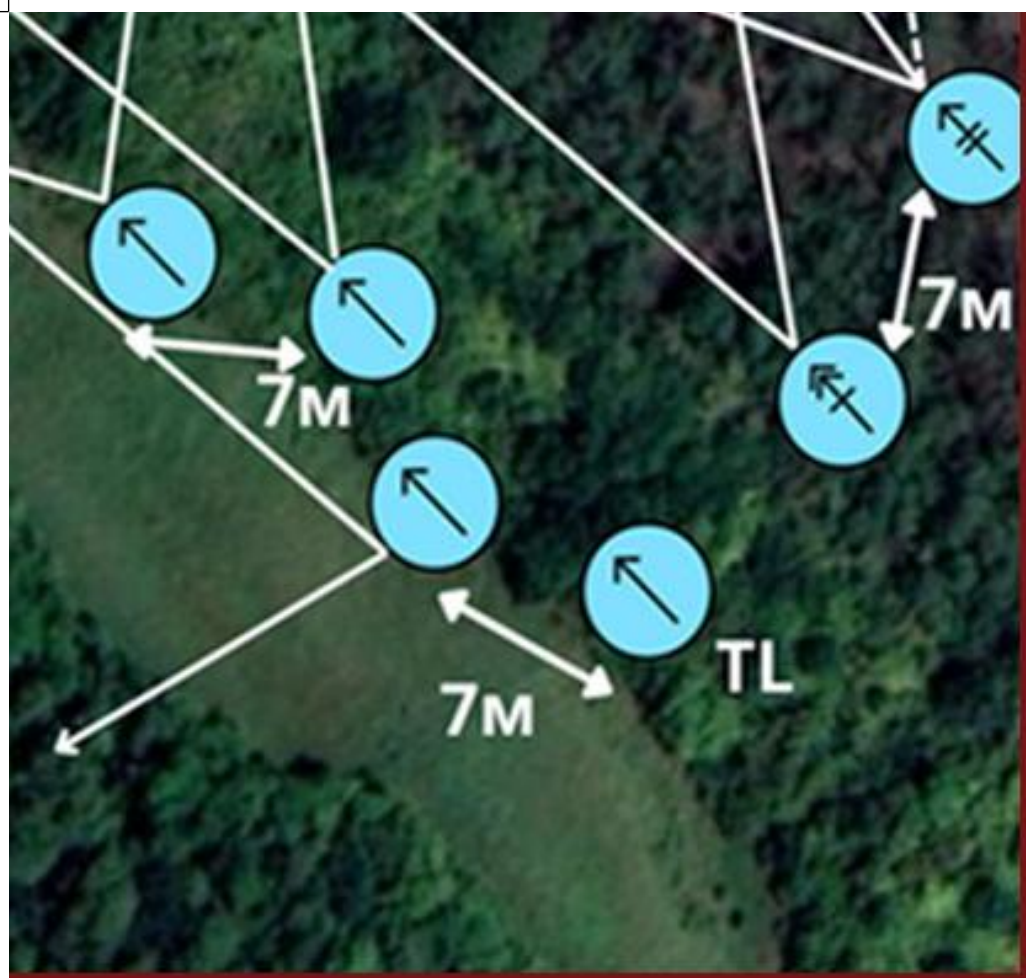
DM''



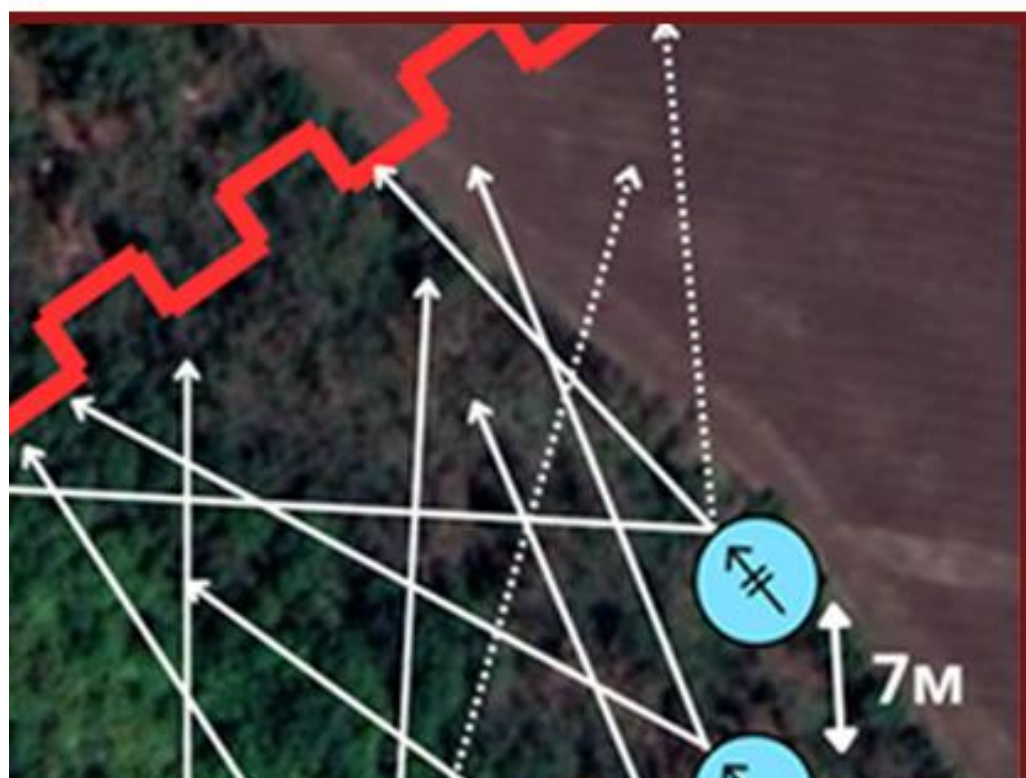


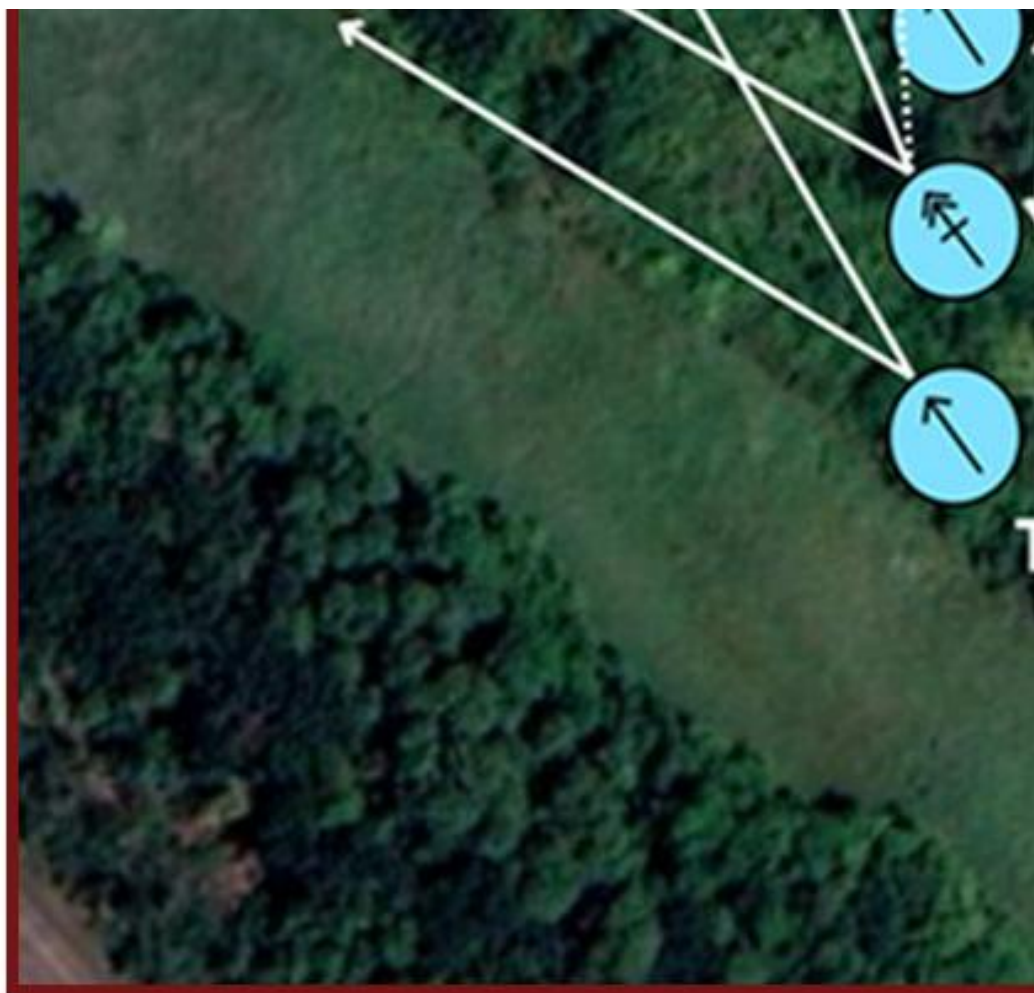
**Рух "ЗВО"**





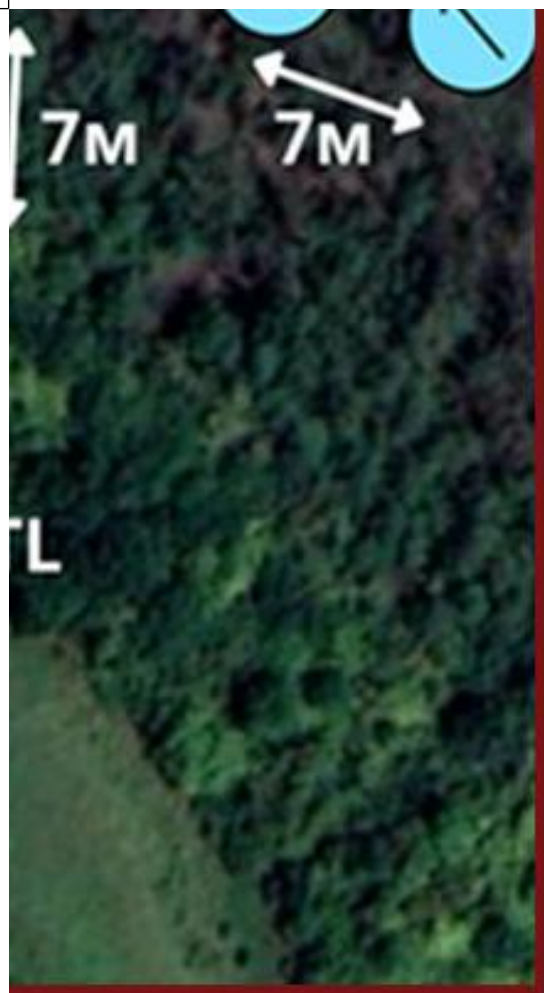
**ротнім клином"**





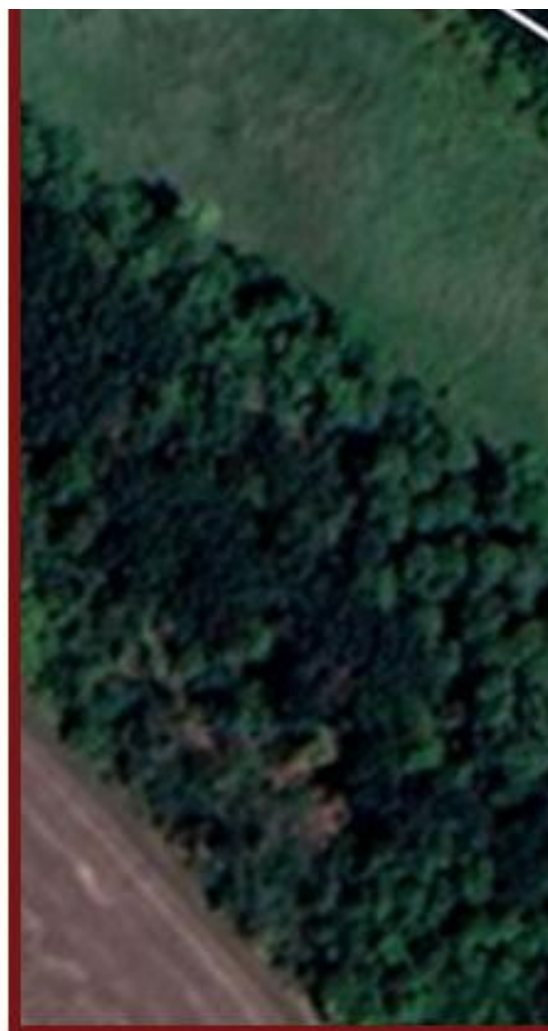
# Рух з технікою



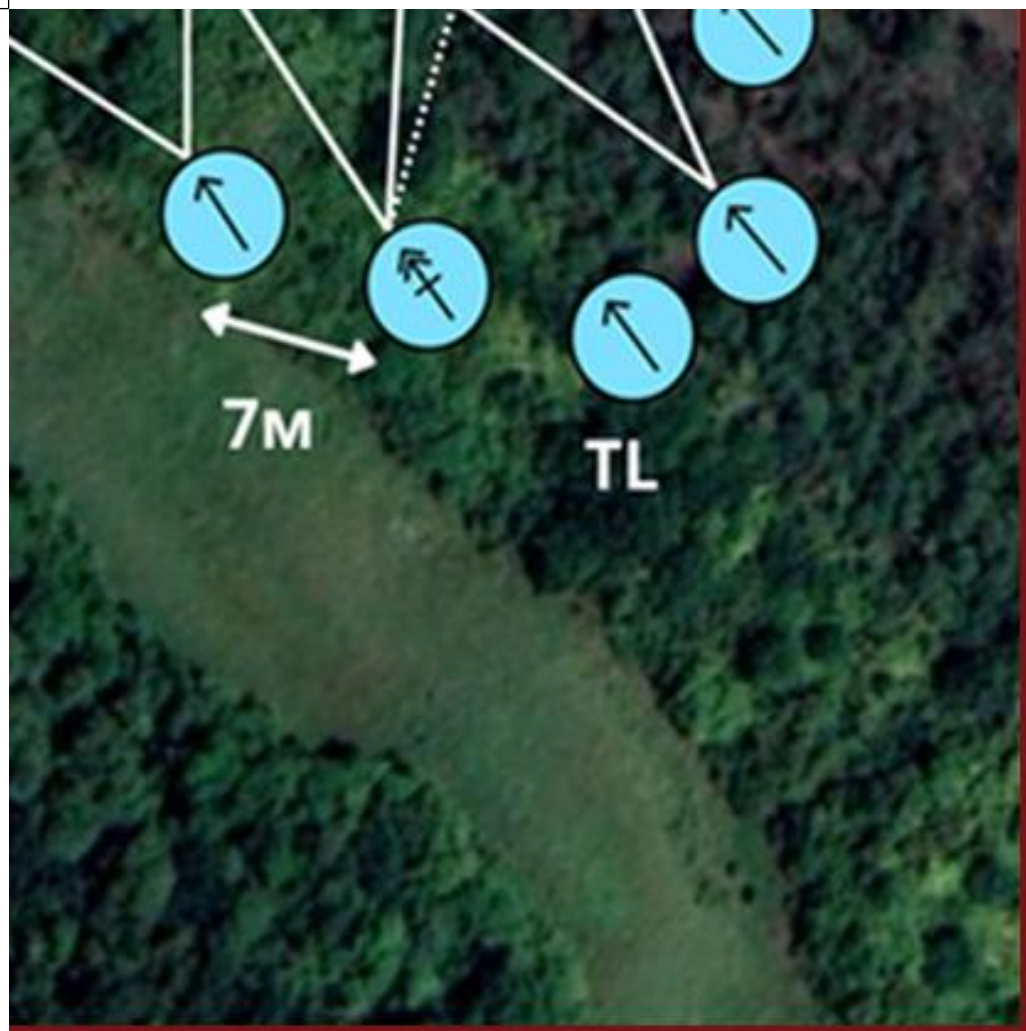


**(варіант)**



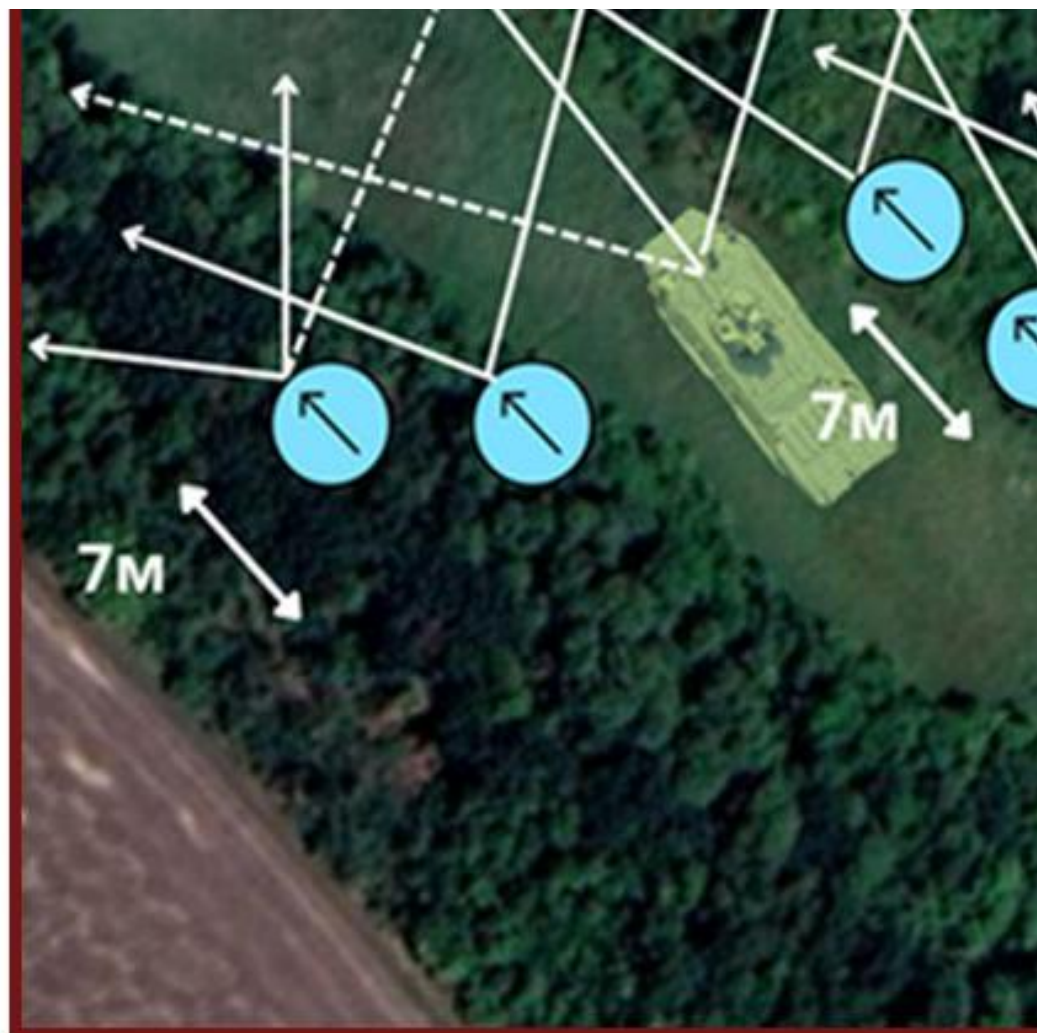


**ВЧИСЬ ПЕР**

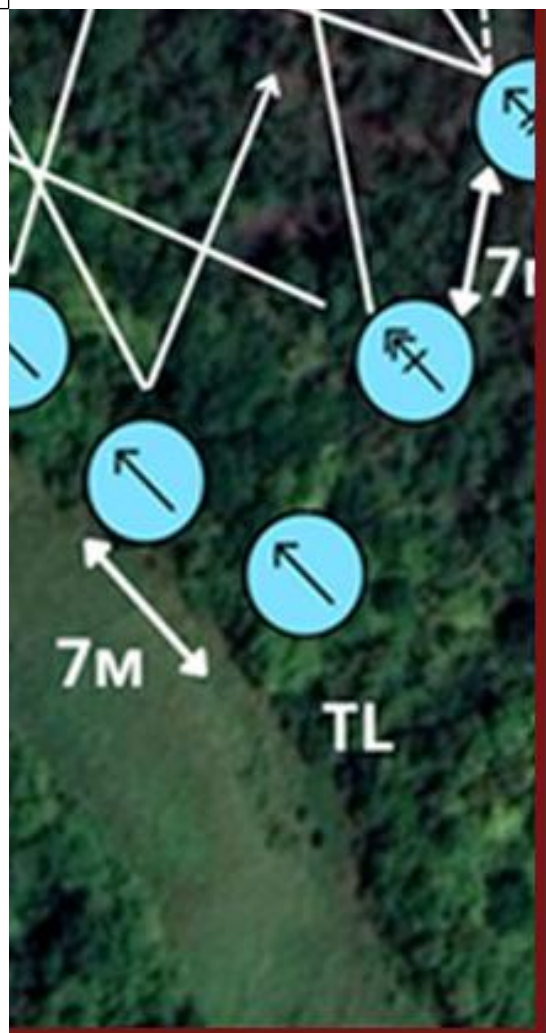


**РЕМАГАТИ!**





**199 НАВЧАЛ**



ЫНИЙ ЦЕНТР